



# IT'S THE LEGAL DESTRUCTION OF A SOUND SOCIETY

# STATE OF NEW MEXICO

## OPPOSE

### HB 7 - SIGNED BY GOVERNOR

The "Reproductive and Gender-Affirming Health Care Freedom Act" no individual or entity can deny, restrict or interfere with a person's ability to access or provide abortions or gender-affirming health care.

### CONTACT YOUR REPS

One of the most powerful ways to impact change is through awareness and making your voice heard.

Visit the link below to contact your representatives.

[www.nmlegis.gov](http://www.nmlegis.gov)

New Mexico 2023 legislative session Jan 17 - Mar 18

## THE FACTS

### DID YOU KNOW?

According to the NIH, adolescence is an important time for brain development.

The brain finishes developing and maturing in the mid-to-late 20s. The part of the brain behind the forehead, called the prefrontal cortex, is one of the last parts to mature. This area is responsible for skills like planning, prioritizing, and making good decisions.

According to the NIH, Mental illnesses may begin to appear during adolescence.

Ongoing changes in the brain, along with physical, emotional, and social changes, can make teens more likely to experience mental health problems. The fact that all these changes happen at one time may explain why many mental illnesses—such as schizophrenia, anxiety, depression, bipolar disorder, and eating disorders—emerge during adolescence.

Sources:

[www.nlm.nih.gov/health/publications/the-teen-brain-7-things-to-know](http://www.nlm.nih.gov/health/publications/the-teen-brain-7-things-to-know)



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For more facts, data and talking points go to [www.TheUnityProject.org/Take-Action](http://www.TheUnityProject.org/Take-Action)